

## Gettysburg Presbyterian Church

# GRAPEVINE

September 22, 2010

As a child, I remember my grandfather doing something peculiar whenever he heard a noise coming from his car that sounded ðout of the ordinary ð he would turn the volume up on the radio until he could no longer hear the noise. I guess, in his mind, *if he didn't hear the problem, then there was no problem.* Many people live their lives this way ð ignoring potentially life-threatening issues because they simply choose *not to hear the warning signs.*

***In their Spring 2009 "Youth Risk Behavior Surveillance Survey" the Center for Disease Control discovered the following with regard to Teen Depression and Suicide:***

*26.1% of students, grade 9-12, felt so sad or hopeless almost every day for 2 or more weeks in a row that they stopped doing some usual activities (during the previous 12 months before the survey).*

*13.8% of students seriously considered suicide in the previous 12 months*

*10.9% of students made a suicide plan in the previous 12 months*

*6.3% of students made one or more suicide attempts in the previous 12 months*

*1.9% of students made at least one suicide attempt in the previous 12 months that required medical attention*

***A quick Google search on "teenage depression and suicide statistics" resulted in the following:***

*About 5 percent of teens are suffering from major depression at any one time*

*Many teens with depression (higher than 30 percent) also develop a substance abuse problem.*

*Untreated depression is the number one cause of suicide, the third leading cause of death among teenagers.*

***Less than 33 percent of teens with depression get help, yet 80 percent of teens with depression can be successfully treated if they seek help from a doctor or therapist, and many local health clinics offer free or discounted treatment for teens with depression.***

The reality of depression and suicide is so vital and alarming to our children's well-being, to our families and our society, that we cannot ignore the conversation anymore. With that in mind, I invite our middle and high school youth and their parents to put September 26<sup>th</sup> from 4-8PM on your family calendar and attend **Str8 tlk 4 Xtian yth** (Straight Talk for Christian Youth *and their parents*) here at GPC.

Parents and youth will meet together and separately for this ***dynamic and interactive discussion*** in order to become better prepared both as families and friends to respond should they learn of someone they know who is wrestling with depression and/or suicidal thoughts.

Dinner is provided so we need an accurate attendance list prior to the event. Call or email me to let me know how many from your family will be participating in this event. My contact information is as follows: [gpclo@embarqmail.com](mailto:gpclo@embarqmail.com) or 717-334-1235, ext. 4. ***Space is still available for this event! Call or email today to indicate your participation.***

My grandfather typically ignored the sounds in his vehicle until they became several hundred dollars worth of auto repairs. Don't be like my grandfather and ignore this chance to learn how you can help those you know and love who could use a helping hand. Sign up today!

God's Peace,

### **Inside:**

- PW Rummage Sale Information
- SHIP & MidSHIP Picnics
- Young @ Heart
- Kids Club
- Session Update
- Student Care Packages

# Happy Birthday to...

**October 1**

Chelsea Banks  
Kyleigh Grim  
Will Matthews

**October 2**

Barbara Ebaugh  
Nancy Saunders  
Seth Snyder

**October 3**

Briannah Rohrbaugh

**October 4**

Barbara Angstadt  
Elizabeth Fitzpatrick  
Karen Lamb

**October 5**

Emery Weisenborn

**October 6**

Jim McCoy  
Scott Nevins

**October 7**

Jeff Banks  
Laura Davis  
Linda Larson  
Ralph Siefken

**October 9**

Lucas Elledge  
Tamara Doehring

**October 10**

Anne Gallon  
John Smarsh  
Suzanne Steinour

**October 11**

Greg Beegle  
Chrissy Ely  
Brendan McQuaide

**October 12**

Rachel Pierson  
Jonathan Patrono

**October 13**

Carolyn Hoffman  
Chloe Pennings

**October 15**

Caden LaRochelle

**October 16**

Susan Aldinger  
Wayne English  
Rachel Skoczen

**October 18**

Aaron Conklin

**October 19**

Matt McCracken  
Brody Wagner

**October 20**

Archie Graff  
John Harman  
Christopher Lewis  
Tony Poe

**October 21**

Gwen Scofield  
Chad Weikert  
Allegra Heebner  
Preston Hull  
Catherine Stabler

**October 22**

Adam Boyer  
Dave Conklin  
Brandon Gladfelter  
Mike Gladfelter  
Mark Keller

**October 23**

Aiden Weisenborn

**October 24**

Larry Bullis

**October 25**

Emily Clark  
Molly Clark  
Amy Hieber  
Laurie Lewis  
Nell Matthews  
Michelle Suarez  
Heather Tschop

**October 26**

Frannie King

**October 27**

William Johnson  
Ronald Weigle

**October 29**

Mary Camlin  
Leah Teague

**October 30**

Jean Thomas  
Peyton Unger

**October 31**

Jocelyn Kareha  
Terri Stephens  
Andrew Stone



\*\*\*\*\*

## **THANK YOU:**

**Thank you**  
**to the Remaleys**

Every year for Rally Day, Bob & Mary Ann Remaley take on the responsibility of ordering, picking up, and distributing donuts and juice to all of the children and youth Sunday School classes. Thanks to them we have an extra reason to celebrate that day! So our hats are off to the Remaley family and could you please do that every week?!

Your overwhelming kindness and support this week have been inspirational. I shared notes and thoughts with my Mom and siblings and they are so appreciative as well. I found this poem in my Dad's Bible while I was helping my family with arrangements and it truly spoke volumes about Frederick Lorenson and his life of service. He used these words for many of the Masonic funerals he assisted with while he was Grand Master in Connecticut. I hope you find Louise Mae Hogan's words helpful to you too.

Tomorrow is not promised us  
So let us take today  
And make the most of it  
The once we pass this way.  
Just speak aloud the kindly thought  
And do the kindly deed  
And try to see and understand  
Some fellow creature's need.  
Tomorrow is not promised us  
Nor any other day  
So let us make the most if it  
The once we pass this way.

• Nancy Cook



**Upcoming Events:**

**October Music Schedule**

Sept. 26	8:15 a.m.	Sue Lindsay and Bonnie Wright
	11:00 a.m.	Youth Choir Youth Bell Choir
Oct. 3	8:15 a.m.	Early Choir
	11:00 a.m.	Adult Choir
Oct. 10	8:15 a.m.	Early Choir
	11:00 a.m.	Adult Choir
Oct. 17	8:15 a.m.	Chapel Bell Choir Chapel Choir Early Choir
	11:00 a.m.	Adult Choir
Oct. 24	8:15 a.m.	Adult Bell Choir
	11:00 a.m.	Youth Choir Youth Bell Choir
Oct. 31	8:15 a.m.	Flute Choir Early Choir
	11:00 a.m.	Flute Choir Adult Choir

**HIGH SCHOOL FELLOWSHIP**  
**September - October**

September 26 4:00 -8:00p.m. SHIP & Mid-Ship  
Parent & Youth Night - "Straight Talk for Parents & Youth - Warning Signs of Depression & Suicide"

(Registration requested for this event - call Rev. Nyiri @ 334-1235 with name & number attending this educational afternoon)

October 3	5:30-7:00 p.m.	Picnic at Jen Beegle's home
October 10	5:30-7:00 p.m.	Fellowship
October 17	5:30-7:00 p.m.	Fellowship
October 24	5:30-7:00 p.m.	Car Chase
October 31	5:30-7:00 p.m.	Halloween Party

**MidSHIP Schedule**  
**September - October**

September 26 4:00 -8:00p.m. SHIP & Mid-Ship  
Parent & Youth Night - "Straight Talk for Parents & Youth - Warning Signs of Depression & Suicide"

(Registration requested for this event - call Rev. Nyiri @ 334-1235 with name & number attending this educational afternoon)

October 3	5:30-7:00 p.m.	Picnic at GPC
October 10	5:30-7:00 p.m.	Fellowship/Games
October 17	5:30-7:00 p.m.	Bowling *
October 24	5:30-7:00 p.m.	Fellowship/Games
October 31	5:30-7:00 p.m.	Halloween Party

\*Bring \$6 to cover costs. Meet at the church and return to the church at 7:00 p.m.

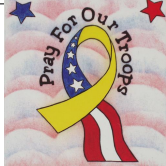


**MidSHIP Picnic at GPC  
Oct. 3 5:30-7:00 p.m.**

Please join us on Oct. 3 for our Fall Kick off and Getting to Know You+games.

For more information please contact Libby Crowe at 359-9719 or fourcrowes@embarqmail.com.

**Military Personnel Prayer Board**



You may have noticed the Military Personnel Prayer Board in our Fellowship Hall (right above the Sunday morning coffee service table). The names and faces on this board change to reflect those loved ones within our church family who are called into active duty so that we can remember them in our personal prayers. If you've not yet seen the display, stop by some Sunday morning and reflect on the names and faces you see there. Each name and face is special to someone in this congregation. When you leave, make a conscious choice to commit to pray for the persons listed on that board.

The current list of names we know who have been deployed are: Aaron Conklin (we rejoice that Aaron has returned stateside and his current tour of duty is over), Andrew Keller, Jared Kern, Anthony LaRochelle, Tammy Schwartz, Andrew Weigle and Stephanie Willenbrock.

If there is a name we are missing from this list, please get a name and photo to Rev. Lou Nyiri. His email is [gpclou@embarqmail.com](mailto:gpclou@embarqmail.com) or you can mail this information to him in the church office (208 Baltimore Street, Gettysburg, PA 17325).



## NEW YORK CITY DAY BUS TRIP

Sponsored by the Fellowship Team

WHEN: Saturday, November 27, 2010  
 TIME: 5:30 a.m. leave from the church parking lot  
 7:00 p.m. leave New York City for Gettysburg  
 COST: \$40.00 per person  
 SIGN-UP: Call the church office to reserve your spot  
 CONTACT PERSON: Rev. Lou Nyiri - 334-1235, ext. 4

Spend the day on your own. See a show, shop, visit museums or see the sights!

We only have room for 47 people, so sign up soon!

## Sunday School Offering

Each year our Christian Education Team chooses one or more mission projects to be the beneficiaries of our Sunday School offering. During the months of September and October, our offering will be given to missionaries Ben & Emily OKello to purchase Bibles for their orphanage in Kenya. We look forward to the OKellos' visit to our church on Sunday, November 7.

## “Seek Peace & Pursue It” 2010 Peacemaking Offering

Actively and intentionally, this year's peacemaking offering will "Seek Peace & Pursue It". We will be supporting five missions involved in peacemaking efforts through this year's offering. We hope to send at least \$800.00 to each of the following ministries:

- **Soup Kitchen** - serving over 1,000 meals a month locally to those who are hungry.
- **Survivors Inc.** - local shelter and support for those experiencing domestic violence cycle or sexual assault.
- **South Central Community Action Programs**
  - **Homeless Shelter** - Begun in 1991, this ministry has helped over 3,000 people develop plans for living outside of the shelter once their stay in the shelter is over.
  - **Food Pantry** - Serving 1,100 people per month in Gettysburg and over 2,200 per month throughout all of the Adams County pantries.
- **Meals-n-More** - a summer outreach of the Soup Kitchen which seeks to serve some of our younger community members by offering a meal and spiritual formation.

In addition to the above, we will forward a portion of the offering to the Presbyterian Church (USA) to support the larger effort of peacemaking throughout the world.

If every member gives \$5.00 (over a 30 day period, that's 17 cents a day) we will meet this year's goal of \$4,000.00. Prayerfully consider how you will support these ministries this year. Use the envelope that was included in the last newsletter and return it on Sept. 26<sup>th</sup> when we will receive the 2010 Peacemaking Offering.

We are saddened to report that Rev. Candace Veon-Nyiri has submitted her resignation effective Sunday, Oct. 24.

We are extremely grateful for the excellent work Candace has done here at GPC and wish her well in the future.

We will be celebrating Candace's ministry with us on **Sunday, Oct. 24** in Fellowship Hall after each worship service.

## YOUNG AT HEART OCTOBER 14<sup>th</sup> 2010

**Young at Heart** - In October we will be traveling to the Allenberry Playhouse in Boiling Springs for a lunch buffet and a play entitled "Over the River and Through the Woods," a comedy that explores family relationships between grandparents and grandchildren. The cost of lunch and the show including tax and gratuities will be \$49 per person. We will carpool from the church using the church van and cars as needed, meeting at the church at 10:15 AM and leaving no later than 10:30. The lunch buffet will begin at 11:30 AM and the show starts at 1:00 PM. Since we have to book this in advance, we ask that those interested in attending please mail a check to Dick Wisor at 7 Preserve Drive, Littlestown, PA 17340, arriving no later than **September 27<sup>th</sup>**. Checks should be made payable to Gettysburg Presbyterian Church. Any questions can be directed to Dick Wisor at 717-359-8896.

**Nursery Care on Sunday Mornings**

Nursery care for ages 0 - 2 is offered each Sunday morning from 7:30 a.m. - 12:00 noon. We have regular paid staff, supplemented by volunteers. The Staff include:

- 7:30 - 8:15 a.m. Cheryl & Megan Gochenauer
- 8:15 - 9:15 a.m. Bethany Kolmer  
Alison Golanoski  
Garrett Kolmer
- 9:30 - 10:30 a.m. Alison Golanoski  
Andrea Crowe  
Bethany Kolmer
- 10:45 - 12:00 p.m. Nichol Fake

**So bring your little ones to our beautiful, sunny, decorated nursery!**

Blessings,  
Phyllis

**Session Update**

At its stated meeting on Sept. 19, the Session

- received the following people into membership: Elizabeth Bergen, Chris & Jennifer Fernandes, Scott & Sarah Foster, Jim & Ellen Raggets and Allan Kawala.
- discussed several proposals regarding staff salaries and benefits and approved an increase in hours and salary for our Sexton, Steve Reinheimer, effective October, 2010.
- heard a proposal to investigate the purchase of additional land at Black Cemetery for parking.
- called a congregational meeting for Sunday, Oct. 10 following the 11AM service for the purpose of dissolving the pastoral relationship with Rev. Candace Veon-Nyiri.
- scheduled our triennial meeting with a representative from the Presbytery for Nov. 4.
- received with regret the resignation of clerk, Whitney Coombs, effective Jan. 1, 2011. Whit has served as clerk for 15 years! We are grateful for his excellent service!

**YOUTH CLUB**

Youth Club has just begun, but you still have time to join. All children entering grades 3 - 5 recently received Youth Club registration forms in the mail. If you know of any other child who is interested in this after-school program, please call Phyllis (334-1235, ext. 5) for a registration form.

**Kids Club for Children in Kindergarten - Grade 2  
October 5 - November 2**



Kids Club is a time of fun, friendship, Bible stories, scripture activities, crafts, and games under the leadership of Pam Rowland. We will offer two identical programs for our Fall series, "The Adventures of Paul". These programs will be held every Tuesday from October 5 - November 2, one from 3:30 - 5:30 p.m. and the other from 6:00 - 8:00 p.m.. Both programs are for children in Kindergarten - Grade 2 and will be held downstairs in the Sunday School Area.

Registration forms were mailed out this week. If your child is interested in Kids Club and you do not receive a registration form, please call Phyllis in the church office (334-1235, ext. 5) or pick one up on the bulletin board in Fellowship Hall. There is no fee and the program is open to any child in Kindergarten - Grade 2 who is interested. We ask that you **register your child by September 29<sup>th</sup> at the latest.** We hope your child can join us for this church activity for younger members.

— Blessings, Phyllis

**Be Part of Our New Congregational Notification System!**

We are putting together a system to notify the congregation of major prayer concerns as well as emergency announcements by email. If you would like to be part of this system, fill out and tear off the paper below, put your email on the list in Fellowship Hall, or email it to T.J. Remaley at [tjremaley@gmail.com](mailto:tjremaley@gmail.com). If you signed up, but haven't received an email yet, please let us know.

**Congregational Notification System**

Name: \_\_\_\_\_ Email address: \_\_\_\_\_


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
<b>3</b> 7:40 a.m. Early Choir 9:30 a.m. Sunday School 11:00 a.m. Sunday School 4:00 p.m. Youth Bell Choir 5:00 p.m. Youth Choir 5:30 p.m. MidSHIP Picnic @ GPC 5:30 p.m. SHIP Picnic @ Jen Beegle's home	<b>4</b> 8:30 a.m. Burden Bear Workshop 7:00 p.m. Boy Scouts 7:00 p.m. Mission & Interpretation 7:00 p.m. "A Course in Christian Ethics"	<b>5</b> 9:30 a.m. Sewing Workshop 3:30 p.m. Kids Club 5:00 p.m. JMJ Spanish 6:00 p.m. Kids Club 7:00 p.m. Stephen Ministry Supervision 7:30 p.m. Vision & Planning	<b>6</b> 12:00 p.m. Men's Interfaith 3:00 p.m. MidSHIP Sm. Group 3:15 p.m. Youth Club 5:30 p.m. High School 12 5:30 p.m. Cont. Music Prac. 5:45 p.m. Chapel Choir 6:00 p.m. Evangelism 6:15 p.m. Chapel Bell Choir 7:00 p.m. Adult Choir	<b>7</b> 6:30 p.m. Worship & Music 7:00 p.m. Christian Ed. 7:00 p.m. Men's Fellowship 7:15 p.m. Adult Bell Choir	<b>8</b>	<b>9</b>
<b>10</b> 7:40 a.m. Early Choir 9:30 a.m. Sunday School 11:00 a.m. Sunday School 12:00 p.m. <b>Congregational Meeting</b> 12:15 p.m. Deacons Meeting 12:15 p.m. Property Committee 4:00 p.m. Youth Bell Choir 5:00 p.m. Youth Choir 5:00 p.m. Session 5:30 p.m. SHIP & MidSHIP	<b>11 COLUMBUS DAY</b> 8:30 a.m. Burden Bear Workshop 7:00 p.m. Cancer Support Grp 7:00 p.m. "A Course in Christian Ethics"	<b>12</b> 7:30 a.m. Habitat Board Mtg. 10:00 a.m. Mom's Club 3:30 p.m. Kids Club 5:00 p.m. JMJ Spanish 6:00 p.m. Kids Club 7:00 p.m. Boy Scout Leaders Mtg.	<b>13</b> 3:00 p.m. MidSHIP Sm. Group 3:15 p.m. Youth Club 5:30 p.m. High School 12 5:30 p.m. Cont. Music Prac. 5:45 p.m. Chapel Choir 6:15 p.m. Chapel Bell Choir 7:00 p.m. Adult Choir	<b>14</b> 12:00 p.m. Young @ Heart 7:15 p.m. Adult Bell Choir	<b>15</b> <b>RUMMAGE SALE</b> <b>8:30 a.m. - 5:00 p.m.</b>	<b>16</b> <b>RUMMAGE SALE</b> <b>8:30 a.m. - 12:00 p.m.</b>
<b>R U M M A G E S A L E S E T U P</b>						
<b>17 Stewardship Sunday</b> 7:40 a.m. Early Choir 9:30 a.m. Sunday School 11:00 a.m. Sunday School 4:00 p.m. Youth Bell Choir 5:00 p.m. Youth Choir 5:30 p.m. SHIP/MidSHIP Bowling	<b>18</b> 8:30 a.m. Burden Bear Workshop 1:00 p.m. Elizabeth Circle 10:00 a.m. Mom's Club 7:00 p.m. Boy Scouts 7:00 p.m. "A Course in Christian Ethics" 7:30 p.m. Mary Martha Circle	<b>19</b> 3:30 p.m. Kids Club 5:00 p.m. JMJ Spanish 6:00 p.m. Kids Club 7:00 p.m. Stephen Ministry Supervision	<b>20</b> 8:00 a.m. Ministerium Mtg. 3:00 p.m. MidSHIP Sm. Group 3:15 p.m. Youth Club 5:30 p.m. High School 12 5:30 p.m. Cont. Music Prac. 5:45 p.m. Chapel Choir 6:15 p.m. Chapel Bell Choir 7:00 p.m. Adult Choir	<b>21 12 Noon Newsletter Deadline</b> 9:30 a.m. Esther Circle 6:15 p.m. Gastric bypass Support grp. 7:15 p.m. Adult Bell Choir	<b>22</b>	<b>23</b>
<b>24</b> 9:30 a.m. Sunday School 11:00 a.m. Sunday School <b>12:15 p.m. Celebrating Rev. Candace Veon-Nyiri</b> 4:00 p.m. Youth Bell Choir 5:00 p.m. Youth Choir 5:30 p.m. SHIP/MidSHIP	<b>25</b> 8:30 a.m. Burden Bear Workshop 7:00 p.m. Boy Scouts 7:00 p.m. "A Course in Christian Ethics"	<b>26</b> 3:30 p.m. Kids Club 5:00 p.m. JMJ Spanish 6:00 p.m. Kids Club	<b>27</b> 3:00 p.m. MidSHIP Sm. Group 3:15 p.m. Youth Club 5:30 p.m. High School 12 5:30 p.m. Cont. Music Prac. 5:45 p.m. Chapel Choir 6:15 p.m. Chapel Bell Choir 7:00 p.m. Adult Choir	<b>28</b> 7:15 p.m. Adult Bell Choir	<b>29</b>	<b>30</b>
<b>31</b> 7:40 a.m. Early Choir 9:30 a.m. Sunday School 11:00 a.m. Sunday School 4:00 p.m. Youth Bell Choir 5:00 p.m. Youth Choir 7:00 p.m. Grief Group	<h1>October 2010</h1>					

Gettysburg Presbyterian Church  
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**RETURN SERVICE REQUESTED**

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 **Next Newsletter Deadline:  
Noon, Thursday, September 30, 2010**

October 2010

**GPC WORSHIP SCHEDULE**

Traditional Services @ 8:15 and 11:00 a.m.

Contemporary Service @ 9:30 a.m.

- 9/26      Lord's Prayer: God as Father (Matthew 6:9)
- 10/3      Prayer: Aligning Our Will with God's (Matthew 6:10)
- 10/10     Prayer: Requests (Matthew 6:11)
- 10/17     Prayer: Confession (Matthew 6:12)
- 10/24     %Real Worldö Real Church+  
Rev. Candace Veon-Nyiri Preaching
- 10/31     Prayer: Deliverance (Matthew 6:13)